

Rhythm - Week 5

Main Idea

Stories shape us and direct us throughout life. God offers a truer and better story than what we often believe.

Starter

What is the best movie you've seen recently? What did you enjoy most about the story?

Discuss

Who in your life right now needs to hear God's story?

Scripture

Read [Genesis 3:1-11](#) discuss:

- What does this account of the "fall" show you about God and yourself?
- Why do you think it is significant that they were convinced of a lie before they sinned?
- When you think of times you have fallen short of what God wants for your life, can you identify with any of the lies that deceived Adam and Eve? How did believing those lies impact your life?
 - *God is not who you think He is. He's a liar. He's not to be trusted.*
 - *You can achieve more joy on your own than God could ever give you.*
 - *You can find contentment in life if you pursue independence from God.*

Read [Romans 1:16-25](#) and discuss:

- When you think about your life right now, what is a way you are tempted to trade the truth of God for a lie?
- How can we pray for you to fight that lie with the truth of the Gospel?

Apply

This week, we are going to practice sharing the Gospel together. Break into groups of 2-3 to pray and practice.

- First, pray for each other to fight the lies you are struggling with in your life right now. We never outgrow our need for the Gospel.
- Second, pick one person in your group to be a friend who is curious about Jesus. Practice asking good questions and sharing the Gospel with them. Try to use [one of these three ways to draw the Gospel on a napkin](#).

If your group has time, debrief what you learned from the practice of sharing the Gospel.

Family Conversation: *Who in your life needs to hear God's story?*

- Encourage your group to discuss this question with their family or friends this week.

Resources

If your group needs help learning how to share their story of faith or the Gospel, check out these tools from our 401 Go class.

- [How to share your story](#)
- [How to share the Gospel](#)
- [3 Circles to share your story](#) and [3 ways to draw the Gospel on a napkin](#)